

Joint & Tendon Sheath Ultrasound and Therapies Skills Workshop – A 2-Day Practical Course

COURSE DATE: Fri 7 – Sat 8 Nov 2025

COURSE VENUE: Mälaren Hästklinik AB, nr Stockholm,
Sweden

SPEAKERS / INSTRUCTORS:



Carolin Gerdes MedVet(Hanover), Dipl.ACVS MR
American Specialist in Veterinary Sports Medicine & Rehabilitation
Pferdeklinik Hochmoor, Germany

Online Lectures available on-demand ahead of the Course:

How to get the most out of your Ultrasound Machine	Roger Smith
Coffin & Pastern Joints	Roger Smith
Elbow & Shoulder Joint	Roger Smith
Tarsus, Tarsal Bursae & Tarsal Sheath	Roger Smith
Stifle Joint	Roger Smith
What's the latest on Intra-Articular Biologic Therapies?	Roger Smith

PROGRAM:

DAY 1

08:00 – 08:30	<i>Registration</i>	
08:30 – 08:40	Course Introduction	
08:40 – 09:30	Fetlock Joint & Digital Flexor Tendon Sheath	Carolin Gerdes
09:30 – 10:10	Carpus & Carpal Sheath	Carolin Gerdes
10:10 – 10:20	Questions	
10:20 – 10:50	<i>Coffee Break</i>	
10:50 – 12:20	Practical Sessions on live Horses in Small Groups • Coffin, Pastern & Fetlock Joints	
12:20 – 13:15	<i>Lunch</i>	

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DAY 1 (continued)

13:15 – 16:45 Practical Sessions on live Horses in Small Groups

- **Digital Flexor Tendon Sheath**
- **Carpus & Carpal Sheath**

14:45 – 15:15 *Coffee Break*

17:00 – 18:30 *Wine & Cheese*

DAY 2

08:00 – 08:50 Hip Joint & Ultrasound-Guided Approach Carolyn Gerdes

08:50 – 09:30 Conventional Systemic & Intra-articular Joint Therapies Carolyn Gerdes

09:30 – 09:40 Questions

09:40 – 10:10 *Coffee Break*

10:10 – 11:40 Practical Sessions on live Horses in Small Groups

- **Elbow & Shoulder Joints**
- **Tarsus, Tarsal Bursae & Sheath**

13:10 – 14:00 *Lunch*

14:00 – 15:30 Practical Sessions on live Horses in Small Groups

- **Stifle Joint**

15:30 – 16:00 Questions, Discussions & Final Comments
